

Wellness Committee Agenda & Minutes

January 22, 2024

- A. Review of minutes from December 4, 2024

 No questions regarding the previous meeting minutes.
- B. Wellness Week-American Heart Association
 - a. Building Champions
 5 Elementary Schools, 1 Middle School and 1 High School committed to host Wellness Week. Building Champions met with AHA for process and the expectations.
 - b. Date Wellness Week will be held from February 12-16th
- C. Go Red Day
 - February 16th, employees can purchase shirts with a donation to wear on the 16th.
 - Being held during Wellness Week
- D. JUUL lawsuit
 - WCS is part of a lawsuit that the district has received money. Dr. Livernois wants the monies to go towards the education of students regarding Vaping and other drug awareness.
 - Wellness Committee charged with reviewing administration ideas and how as a committee can help educate the students and parents of the district.
 Amanda Abernathy will provide information from Michigan Cares/Navigate 360 the provides lessons that pertains to drugs, alcohol and vaping.

The future meeting date is March 18th @3:30. Appointments will be sent to your calendars.

Committee Members:

Kim Winters Amanda Abernathy Brian Aiosa Caroline Dylewski Ann Clark Doreen Dickman Pamela Fry Ashley Agrusa Frank Kyewski Kyla Marcial Ronetta Muha Terri Laws Albana Metaj Craig Miller Alecia West Corey Tremmel Leah Berdy