

PRESCHOOL/WORLD OF FOURS MENU *

MARCH '24

This institution is an Equal Opportunity Provider.

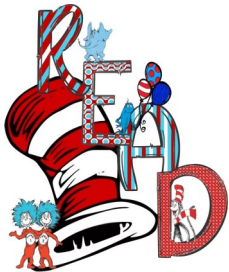
A Nourished Student is a Learning Student!



Sun

HIRING

WCS NUTRITION SERVICES IS LOOKING FOR A GOOD EMPLOYEES TO FULFILL OUR NEED FOR CAFETERIA HELPERS. APPLY ONLINE TODAY! Call the Nutrition Service Office at 586.698.4158 to express your interest in employment.



Mon

4 All Beef Hot Dog on a Whole Grain Bun
1/4 cup Seasoned Corn
1/4 cup Mixed Fruit

Tue

5 **Early Release**
Reduced Fat Beef Taco Meat & Shredded Cheddar Cheese
1 Whole Grain Tortilla
1/4 cup Salsa
1/4 cup Refried Beans
1/4 Cinnamon Applesauce

Wed

6 **Shark Shaped Chicken Nuggets**
2-Whole Grain Shark Chicken Nuggets
1/4 cup Seasoned Broccoli
1 Fresh Banana

Thu

7 **Bagel Fun Lunch**
1-Whole Grain Bagel
Light Cream Cheese
Strawberry Yogurt
Low Fat Mozzarella
Cheese Stick
Baby Carrots
Fresh Apple Slices

Fri

8 **No School**

Sat

Everyday your child will receive 1% white milk with their meal.

National School Breakfast Week March 4th-8th Surf's Up With School Breakfast

11 4- Whole Grain Mini Turkey Corn Dogs
1/4 cup Veggie Baked Beans
1/4 cup Cinnamon Applesauce
Ketchup & Mustard

12 1-Beef Taco Stick
Salsa for Dipping
1/4 cup Corn with Peppers
1/4 cup Diced Pears

13 No School- Tuition Based Preschool
Whole Grain Rotini with Meat Sauce
1/4 Cup Seasoned Broccoli
1/4 Mixed Fruit Cup

14 No School- Tuition Based Preschool

Half Day Breakfast Only

15 **No School**

March 15th- March 22rd World of Fours No School Home Visits

18 Certified Halal Beef Steak Burger on Whole Wheat Bun
Smiley Fries
1/4 cup Mixed Fruit Cup
Ketchup & Mustard

19 **Early Release**
Whole Grain Grilled Cheese Sandwich
1/4 cup Broccoli Salad
1/4 cup Applesauce

20 Whole Grain Cheese Quesadillas
Served w. Salsa for dipping & 1/4 cup Refried Beans
1/4 cup Diced Peaches

21 3-Whole Grain Breaded Chicken Tenders
1/4 cup Michigan Roasted Root Vegetables
1/4 cup Assorted Fresh Fruit

22 **No School**

March 25th- 29th Have a Healthy and Safe Spring Break!

4/1 Whole Grain Breaded Chicken Patty Sandwich on a Whole Wheat Bun
BBQ Sauce
1/4 cup Seasoned Peas & Carrots
1/4 cup Diced Peaches

4/2 Italian Pull Apart Cheese & Garlic Bread
1/4 cup Roasted Chickpeas
1/4 cup Diced Pears

4/3 Whole Grain Penne Pasta Alfredo
1/4 cup Seasoned Broccoli
1/4 cup Cinnamon Applesauce

4/4 4-Whole Grain Chicken Nuggets
1/4 cup Michigan Roasted Root Vegetables
1/4 Cup Mixed Fruit

5/5

Due to continued nationwide food shortages and supply chain issues, menus are subject to change depending on availability.