

COMMUNITY HIGH * JUNE '17

A nourished student is a learning student!



Breakfast	\$1.75
Lunch	\$3.25
Milk	\$0.60

This institution is an equal opportunity provider.

Sun

Mon

Tue

Wed

Thu

Fri

Sat

HIRING

WCS NUTRITION SERVICES IS LOOKING FOR A FEW GOOD EMPLOYEES TO FULFILL OUR NEED FOR SUBSTITUTE CAFÉTERIA HELPERS. APPLY ONLINE TODAY!

Call the Nutrition Service Office at 586.698.4158 to express your interest in employment.



5

All Beef Hot Dog
On a Whole Wheat
Bun

Vegetarian Baked
Beans

Oven Fries

12

Meat & Cheese
Nachos with
Salsa & Sour Cream
Or
A Variety of Cook's
Choices

Refried Beans

6

Whole Grain Chicken
Alfredo
With a Bread Stick

Steamed Broccoli

Seasoned Peas

7

Bosco Sticks
& Tomato
Dipping Sauce
Or
Boneless Hot & Spicy
Chicken Wings with a
Dinner Roll

Pickled Beets

Mini Fruit
Parfaits

1

Whole Wheat
Beef Fiestada

Oven Baked Fries

Sweet Potato with
Marshmallows

8

Whole Wheat
Rotini Pasta with
Meat Sauce
Whole Grain Roll

Seasoned Green
Beans

Pumpkin Pudding

2

Honey BBQ Beef Rib
Sandwich

Creamy Coleslaw

Baked Potato Half

Fruited Jello

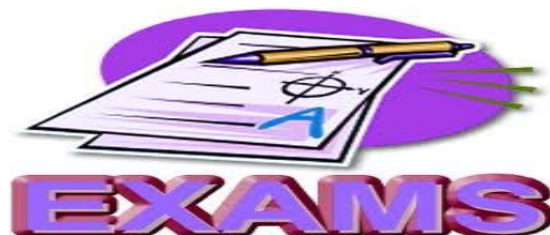
9

Buffalo Chicken Pizza
Or
Fish Sandwich

Dill Seasoned Carrots

Mini Banana Split

13 - 15 **Half Day Breakfast Only**



Also Offered Daily:
Salad bar,
cold
sandwiches,
chicken
sandwiches,
spicy chicken
sandwiches
hamburgers,
and pizza.

Try any of our
assorted fresh
fruits and
vegetables
offered daily.

A complete
lunch
consists of one
entrée, up to
two sides, and
choice of milk.
A serving of a
fruit or
vegetable is a
required

The last week & a half of school, the head cooks may be offering additional hot entrée choices in addition to what is featured on the menu. These cook's choices will vary from school to school as a way to empty out the freezer in preparation of summer shut down.



REMINDER:

Free and reduced meal applications can be completed for the 16/17 school year online in August. This convenient and confidential website allows for quicker processing than the paper applications.

The link to www.lunchapp.com is available at the WCS Nutrition Services website.