



# Warren Consolidated Schools

Creating Dynamic Futures through Student Achievement, High Expectations, and Strong Relationships

## Wellness Committee Agenda & Minutes

November 13, 2023

### A. Welcome & Introductions

Kim Winters is now leading the wellness committee, working in conjunction with the wellness committee team.

### B. Goal/goals for 2023-2024 school year

#### a. Wellness Fair

#### b. Wellness Week-American Heart Association

- Nicole Collia from the American Heart Association was on the call to speak about the AHA wellness week and how this week of events would be beneficial for WCS students, parents, and staff.
- The committee wants to make sure that the wellness week will work in partnership with our goals for the Triannual Assessment and be measurable.
- Spoke to how we can promote wellness week, who can champion.
  - Using elementary groups, MS/HS Leadership/Student Council

### C. Kids Heart Challenge

- AHA was hosting a Kids Heart Challenge and the Detroit Pistons.
- Flyers were sent to the elementary schools
- Terri Laws put the flyer out on the district website and Facebook.
- K. Winters sent the flyer out to the staff through email.

The future meeting date is December 4th @3:30. Appointments have been sent to your calendars.

### Committee Members:

Amanda Abernathy  
Ann Clark  
Pamela Fry  
Terri Laws  
Albana Metaj  
Corey Tremmel

Brian Aiosa  
Doreen Dickman  
Ashley Agrusa  
Kyla Marcial  
Craig Miller  
Leah Berdy

Kim Winters  
Caroline Dylewski  
Frank Kyewski  
Ronetta Muha  
Alecia West