# PRESCHOOL/WORLD OF FOURS MENU \* APRIL'24

This institution is an Equal Opportunity Provider.

## A Nourished Student is a Learning Student!



Sun



#### HIRING

WCS **NUTRITION SERVICES IS** LOOKING FOR A GOOD **EMPLOYEES TO FULFILL OUR NEED FOR** CAFÉTERIA HELPERS. APPLY ONLINE **TODAY!** Call the Nutrition Service Office at 586.698.4158 to express your interest in



employment.

Mon Whole Grain Breaded

> Chicken Patty Sandwich on a Whole Wheat Bun **BBO Sauce** 1/4 cup Seasoned Peas &

> > Carrots 1/4 cup Diced Peaches

All Beef Hot Dog on a Whole Grain Bun 1/4 cup Seasoned Corn 1/4 cup Mixed Fruit

15 4- Whole Grain Mini Turkey Corn Dogs

1/4 cup Veggie Baked Beans 1/4 cup Cinnamon Applesauce Ketchup & Mustard

## 22 Earth Day Utensil Free Day

Certified Halal Beef Steak Burger on Whole Wheat Bun **Smiley Fries** 

l bag Fresh Apple Slices Ketchup & Mustard

29

Whole Grain Breaded Chicken Patty Sandwich on a Whole Wheat Bun **BBQ Sauce** 

1/4 cup Seasoned Peas & Carrots

1/4 cup Diced Peaches

Tue

Italian Pull Apart Cheese & Garlic Bread 1/4 cup Roasted Chickpeas 1/4 cup Diced Pears

Reduced Fat Beef Taco Meat

& Shredded Cheddar Cheese 1 Whole Grain Tortilla 1/4 cup Salsa

1/4 cup Refried Beans 1/4 Cinnamon Applesauce

16

### No School



Whole Grain Grilled Cheese Sandwich

1/4 cup Broccoli Salad 1/4 cup Applesauce

Italian Pull Apart Cheese & Garlic Bread 1/4 cup Roasted Chickpeas 1/4 cup Diced Pears

Wed

Whole Grain Penne Pasta Alfredo 1/4 cup Seasoned Broccoli 1/4 cup Cinnamon Applesauce

Chicken & Waffles

2-Whole Grain Chicken Tenders 1-Whole Grain Waffle 1/4 cup Seasoned Broccoli 1 Fresh Banana

17

Whole Grain Rotini with Meat Sauce 1/4 Cup Seasoned Broccoli 1/4 Mixed Fruit Cup

24

Whole Grain Cheese Ouesadillas Served w. Salsa for dipping & 1/4 cup Refried Beans 1/4 cup Diced Peaches

Thu

4-Whole Grain Chicken Nuggets 1/4 cup Seasoned Green Beans 1/4 Cup Mixed Fruit

11 **Bagel Fun Lunch** 

1-Whole Grain Bagel Light Cream Cheese Strawberry Yogurt Low Fat Mozzarella Cheese Stick **Baby Carrots** Fresh Apple Slices

18

Whole Grain Waffle 2- Turkey Sausage Links Diced Pears Marinated Cherry Tomato Salad

25

1-Beef Taco Stick Salsa for Dipping 1/4 cup Corn with Peppers 1/4 cup Diced Pears

Fri

No School

No School

No School

No School

Due to continued nationwide food shortages and supply chain issues, menus are subject to change depending on availability.

Sat

Every-

day your

child will

receive 1% white

milk with

their

meal.

