

Medical Case Management

Experiencing a catastrophic illness or injury can be a challenging, life changing event for a patient and their family. That is why MESSA offers Medical Case Management (MCM), a unique program tailored to meet the medical needs of our members who may require extraordinary care due to a catastrophic illness or injury. It is designed to help MESSA members and their families through these difficult times by providing flexibility and direct involvement in the management of their health care.

As a compassionate member organization, we strive to provide the best health outcome possible. MCM offers the support of a Nurse Case Manager who will assist in the authorization of benefits based upon an objective review of the patient's medical status, current treatment plan, projected treatment plan, long term cost implications, and the effectiveness of care. Eligibility for MCM program benefits is determined on a case-by-case basis. The following are examples of medical conditions considered for MCM:

- Pancreatitis
- Major head trauma (Traumatic Brain Injury or TBI)
- Spinal cord injury
- Amputation
- Multiple fractures
- Severe burns
- High risk infants

- Severe stroke
- Multiple Sclerosis
- Amyotrophic Lateral Sclerosis (ALS, Lou Gehrig's disease)
- Acquired Immune Deficiency Syndrome (AIDS)
- Crohn's disease
- Cancer

Prior approval from MESSA is required before the program can begin.

If you have questions regarding MCM, please contact the MESSA Health Care Resources department at 800.441.4626.





