

**Signature Box**

Balanced nutrition and variety with enough food to assist in feeding a family of four for a week.

- 2 lbs. Chopped Beef Steaks flavored with Dijon Mustard (4 x 8 oz.)
- 1 lb. Bacon Wrapped Turkey Breast Filet Mignon (4 X 4 oz.)
- 1 lb. Boneless Center Cut Pork Chops (4 x 4 oz.)
- 2 lb. Macaroni & Beef Dinner Entrée
- 2.5 lb. IQF Split Chicken Breasts (Re-sealable Bag)
- 1 lb. Lean Ground Beef
- 1 12" Supreme Pizza
- 1 lb. Frozen Peas & Carrots
- 1 lb. Frozen Whole Kernel Corn
- 2 lb. Fresh Apples
- 2 lb. Heat and Serve Broccoli & Cheese Soup
- 24 oz. Natural Cut French Fries (Skin-on)
- 6.5 oz. Stroganoff Skillet Meal
- 1 lb. Rice
- Dozen Eggs
- Dessert

**\$30.00**

**Senior & Convenience Meals**

**For Seniors or People on the Go!**

Ten perfectly seasoned, nutritionally balanced, fully cooked meals—just heat and serve. Each meal has been developed with the dietary needs of senior citizens in mind, and contains 3 oz. of protein, a starch & two vegetables or fruit.

- Breaded Baked Fish** over wild rice with green beans, corn and peas
- Chicken Chow Mein** over lo mein noodles, mixed vegetables and sauce, sugar snap peas and cauliflower
- Swedish Meatballs** over pasta in sauce, broccoli, carrot blend
- Fettuccini Alfredo** with carrots and broccoli, zucchini and Brussels sprouts
- Meatloaf Patty** with mashed potatoes and gravy, peas and carrots and cauliflower
- Turkey and Dressing** with gravy, green bean blend and corn
- Chicken and Noodles** with carrots and peas, corn and Brussels sprouts
- Pot Roast** with mashed potatoes, corn and green beans
- Country Herb Chicken** with mashed potatoes and sauce, broccoli and green bean blend
- Chicken Broccoli Alfredo** with carrots and zucchini blend
- Desserts:** Assorted Cookies, Mixed Fruit Cup, Applesauce, Grape Juice, Apple Juice

**\$28.00**

**5 lb. Allergen-Free Food Box**

Processed to eliminate the eight top serious allergens: Peanuts, Soybeans, Milk, Eggs, Fish, Crustacea, Tree Nuts and Gluten (wheat, rye and barley). Great for children and adults!

- 1 lb. Breaded Chicken Breast Chunks
- 1 lb. Breaded Formed Tenders
- 2 lbs. Breaded Chicken Drumsticks
- 1 lb. Breaded Cube Steak

Battered/Breaded with water, white rice, brown rice, modified tapioca starch, flax seed, sugar, salt, spices, dehydrated garlic, spice extractives and oleoresin paprika. Breading is pre-browned in Canola oil.

**\$23.00**

**6 lb. Premium Seafood Variety Box**

- 27 oz. Breaded Butterfly Shrimp (oven ready)
- 10 oz. Cod Fillets
- 17 oz. Crab Cakes (oven ready)
- 16 oz. White Fish Fillets
- 16 oz. Tilapia Fillets
- 10 oz. Breaded Clam Strips (oven ready)

**\$35.00**

**After School Box**

- 14 oz. Bread Sticks Stuffed with Mozzarella in Resealable Bag (9 x 1.61 oz.)
- 1.5 lb. Fully Cooked Chicken Rings in Resealable Bag (Approx. 8 servings)
- 1.5 lb. Fully Cooked Chicken & Cheese Nuggets in Resealable Bag (Approximately 8 servings)
- 1.5 lb. Fully Cooked Mini Corn Dogs (36 count)

**\$21.00**

\*\*\*Specials may be purchased with or without the purchase of a Standard Box above\*\*\*

**MARCH SPECIAL #1**

**6 lb. Assorted Meat Grill Box \$23.00**

- 1.5 lb. Ribeye Steaks (2 x 12 oz.)
- 1 lb. Chopped Beef Steak Flavored with Real Mozzarella Cheese (2 x 8 oz.)
- 1 lb. Chopped Beef Steak Flavored with Real Mild Cheddar Cheese (2 x 8 oz.)
- 1.5 lb. Italian Sausage with Cheese
- 1 lb. Bacon Wrapped Turkey Breast Filet Mignon (4 x 4 oz.)

**MARCH SPECIAL #2**

**4.5 lb. Assorted Meat & Chicken Combo \$22.00**

- 1.5 lb. New York Strip Steaks (2 x 12 oz.)
- 1.5 lb. Bacon Wrapped Filet (4 x 6 oz.)
- 1.5 lb. Bacon Wrapped Chicken Breast (4 x 6 oz.)

**MARCH SPECIAL #3**

**10 lb. Boneless/Skinless Chicken Breast Box \$20.00**

- 10 lb. IQF Boneless/Skinless Chicken Breasts

**MARCH SPECIAL #4**

**4 x 4 Family Meal Kits \$35.00**

4 meal kits with all you need to feed a family of 4. 16 meals at 2.20 per meal.

**Turkey Kit** - 1.5 lb. Boneless Turkey Breast, 1.5 lb. Potato Medley (Potatoes, Carrots, Onions and Celery), 1 lb. Green Beans

**Split Whole Chicken Kit** - 3 lb. (avg) Whole Split Chicken (2 individually wrapped halves), 1.5 lb. Potato Medley, 1 lb. Green Beans

**Beef Tips & Gravy Kit** - 1.5 lb. Choice Beef Tips in Gravy, 1.5 lb. Rice Medley (Rice with Red & Green Peppers)

**Pork Roast Kit** - 1.5 lb. Boneless Pork Roast, 1.5 lb. Potato Medley, 1 lb. Corn

**MARCH SPECIAL #5**

**Premium Fresh Fruit and Veggie Box \$22.00**

- 1 Large Golden Ripe Pineapple
- 1 Large Vine Ripened Cantaloupe
- 1 lb. New Crop Chilean White Seedless Grapes
- 1 Large Tree-Ripened Mango
- 1 Large Haas Avocado
- 1 head Leafy Green Cabbage
- 3 lb. bag Sweet Potatoes (baking size)
- 2 lb. bag New Crop Yellow Onions
- 3 lb. bag Idaho Baking Potatoes
- 1 lb. Fresh California Carrots
- 3 Variety Colored Bell Peppers
- 2 ct. Jumbo Garlic

AFM March 2010 Fruit and Veggie Recipe Sheet

Cash and Bridge Card orders due: March 13<sup>th</sup> 2:00 PM

On-line Debit & Credit orders due: March 17<sup>th</sup> 11:59 PM

Distribution Day: Saturday March 27<sup>th</sup>, 10:30 AM – Noon

For more information call (586).771-4821 ext. 317

Warren Woods Church of the Nazarene

14300 Thirteen Mile Rd. Warren, Michigan

Email: [angelfood@nazarene.org](mailto:angelfood@nazarene.org) web: [www.wvcconnections.org](http://www.wvcconnections.org)

NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ ZIP: \_\_\_\_\_

E-MAIL ADDRESS: \_\_\_\_\_

	QUANTITY	PRICE	TOTALS
SIGNATURE BOX -----	_____	X\$30.00-----	\$ _____
SENIOR BOX -----	_____	X\$28.00-----	\$ _____
ALERGEN FREE BOX-----	_____	X\$23.00-----	\$ _____
SEAFOOD BOX -----	_____	X\$35.00-----	\$ _____
AFTER SCHOOL BOX -----	_____	X\$21.00-----	\$ _____
SPECIAL #1 -----	_____	X\$23.00-----	\$ _____
SPECIAL #2 -----	_____	X\$22.00-----	\$ _____
SPECIAL #3 -----	_____	X\$20.00-----	\$ _____
SPECIAL #4 -----	_____	X\$35.00-----	\$ _____
SPECIAL #5 -----	_____	X\$22.00-----	\$ _____
<b>ORDER TOTAL</b>			\$ _____

METHOD OF PAYMENT    ONLINE \_\_\_\_\_    CASH \_\_\_\_\_    MONEY ORDER \_\_\_\_\_    EBT \_\_\_\_\_



**Cash and EBT Orders Dates for Warren Woods Nazarene Church**  
 Wednesday March 10<sup>th</sup> 5:30 – 7:00 PM  
 Saturday March 13<sup>th</sup> Noon - 2:00 PM

**Online Orders**  
[www.wwconnections.org](http://www.wwconnections.org)  
 Due by Midnight March 17<sup>th</sup>

**Pick up Times**  
**Saturday March 27<sup>th</sup>**  
 Last Name: **A – H** pick up at 10:30 AM  
 Last Name: **I – R** pick up at 11:00 AM  
 Last Name: **S – Z** pick up at 11:30 AM

- Reminders**
- ✓ Bring a large basket or box for your order
  - ✓ You must pick up your order at your designated time or it may be donated

**Receipt**

Name: \_\_\_\_\_

Amount Paid: \$ \_\_\_\_\_

**Bethel Christian Church**  
 13200 E. 11 Mile Road  
 Warren, MI 48089  
 (586) 754-5525  
[Storchh@aol.com](mailto:Storchh@aol.com)

**Bethel Lutheran Church**  
 26400 Little Mack  
 St Clair Shores, MI 48081  
 (586) 778-0021  
[www.bethelscs.org/](http://www.bethelscs.org/)

**Presbyterian Church USA  
 Church of The Covenant**  
 23401 23 Mile Road  
 Macomb, MI 48042-4506  
 (586) 948-2440

**Gospel Lighthouse**  
 14010 Toepfer Road  
 Warren, MI 48089  
 (586) 773-8090 ext 2  
[angelfood@gospellighthouse.com](mailto:angelfood@gospellighthouse.com)  
[www.gospellighthouse.com](http://www.gospellighthouse.com)

**Trinity Lutheran Church**  
 38900 Harper Avenue  
 Clinton Township, Mi. 48036  
 (586) 747-2381  
[www.trinityct.org](http://www.trinityct.org)  
[greg37865@comcast.net](mailto:greg37865@comcast.net)

**The Well A/G**  
 46000 N. Gratiot Ave.  
 New Baltimore, MI 48051  
 (586) 949-7398  
[Info@thewellag.com](mailto:Info@thewellag.com)

**Our Redeemer Lutheran Church**  
 8600 27 Mile Road  
 Washington, MI 48094  
 (586) 781-5567  
[our.redeemer5@sbcglobal.net](mailto:our.redeemer5@sbcglobal.net)  
[www.ourredeemer/lcms.org](http://www.ourredeemer/lcms.org)

**Warren Woods Nazarene**  
 14300W. 13 Mile Road  
 Warren, MI 48088  
 586-771-4718 ext. 317  
[angelfood@wwnazarene.org](mailto:angelfood@wwnazarene.org)  
[www.wwconnections.org](http://www.wwconnections.org)

**Woodside Bible Church**  
 27300 Hoover  
 Warren, MI 48093  
 586-758-4750  
[www.woodsidebible.org](http://www.woodsidebible.org)