



# WCS WORLD OF 4S MENU \* MAY 18

This institution is an Equal Opportunity Provider.

**A Nourished Student is a Learning Student!**



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;"> <p>1% white milk included with lunch.</p> </div>						
<div style="border: 2px solid black; padding: 10px;"> <p style="text-align: center;"><b><u>HIRING</u></b></p> <p style="text-align: center;"><b>WCS NUTRITION SERVICES IS LOOKING FOR A FEW GOOD EMPLOYEES TO FULFILL OUR NEED FOR SUBSTITUTE CAFÉTERIA HELPERS. APPLY ONLINE TODAY!</b></p> <p style="text-align: center;"><b>Call the Nutrition Service Office at 586.698.4158 to express your interest in employment.</b></p> </div>	7	1	2	3	4	
	<p>Mini Whole Grain Corn Dogs Whole Grain Dinner Roll Oven Roasted Broccoli Diced Peaches</p>	<p>Whole Grain Cheese Italian Dunker Marinara Sauce Seasoned Broccoli Cinnamon Applesauce</p>	<p>Grilled Cheese Sandwich on Whole Wheat Bun Seasoned Peas Diced Peaches</p>	<p>Whole Grain Breaded Chicken Nuggets Giant Goldfish Graham Vegetarian Baked Beans Seasoned Carrots Mixed Fruit</p>	<b>No School</b>	
	14	8	9	10	11	
	<p>Whole Grain Breaded Chicken Patty on a Whole Wheat Bun Low Fat Ranch Dressing Vegetarian Baked Beans Apple Slices</p>	<b>No School</b> <b>Election Day</b>	<p>Meatballs with Mashed Potatoes &amp; Low Sodium Gravy Whole Grain Dinner Roll Mixed Fruit</p>	<p><b>Bagel Fun Day</b> Whole Grain Bagel Light Cream Cheese Strawberry Yogurt Low Fat Mozzarella Cheese Stick &amp; Apple Juice Baby Carrots w/ Ranch</p>	<b>No School</b>	
	21	15	16	17	18	
	<p>Hamburger with or without Cheese on Whole Wheat Bun Oven Roasted Broccoli Diced Peas</p>	<p><b>Breakfast For Lunch</b> Whole Grain Pillsbury Mini Maple Pancakes Turkey Sausage Baby Carrots w/ Ranch Assorted Juice</p>	<p>Whole Grain Macaroni &amp; Cheese Seasoned Broccoli Cinnamon Applesauce</p>	<p>Whole Grain Breaded Popcorn Chicken Low Fat Ranch or Ketchup Whole Grain Dinner Roll Seasoned Corn Diced Peaches</p>	<b>No School</b>	
28	22	23	24	25		
<b>No School</b> 	<p>Whole Grain Cheese Italian Dunker Marinara Sauce Cinnamon Applesauce</p>	<p>Oven Roasted Turkey Served with a WG Dinner Roll Mashed Potatoes &amp; Gravy Diced Peaches</p>	<p>Whole Grain Breaded Chicken Nuggets Vegetarian Baked Beans Mixed Fruit</p>	<b>No School</b>		
	29	30	31	6/1		
	<p>Mini Whole Grain Corn Dogs Whole Grain Dinner Roll Vegetarian Baked Beans Mixed Fruit</p>	<p> <b>"School of Fish" Lunch</b> Turkey &amp; Cheese Sandwich On Honey Wheat Goldfish Bread Broccoli Salad Strawberry Kiwi Slushies</p>	<p><b>Bagel Fun Day</b> Whole Grain Bagel Light Cream Cheese Strawberry Yogurt Low Fat Mozzarella Cheese Stick &amp; Apple Juice Baby Carrots w/ Ranch</p>	<b>No School</b>		