

District Wellness Committee

Meeting Minutes

December 3, 2019

1. Introduction of members, welcoming all the new members to the committee. Consideration of reaching out to the Best Food Forward team to see if they have a representative that would like to serve on the committee. Also, inviting Elementary Wellness Club (Schedule B Position) to join the committee.
2. Reviewed Board Policy for Wellness (Section 8000 Operations, Code po8510)
 - a. Considering partnering with Gleaners and following similar goals and procedures
 - b. Focusing on changes to the policy through School Improvement lens
 - c. Discussion about Data/Assessment and Goals
 - d. Using MiPHY (surveyed this year) and elementary parent survey
3. District Health Challenge
 - a. National WEAR RED DAY on February 7th
 - b. Christine will send out a district wide email on behalf of the wellness committee to kick off WCS participation
 - c. Text – WARRENCONGIVES to 41444
 - d. Participants earn “Go Red” t-shirt at the \$20 donation level
 - e. Frank will handle the t-shirt delivery and distribution
4. Action Items
 - a. Convert elementary student survey to an elementary parent survey - Frank
 - b. Present survey to cabinet – Christine
 - c. Prepare for survey distribution - Terri