

# July 2020 - Summer Gleaners Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b>	<b>2</b>	<b>3</b>
		<b>Lunch: Turkey &amp; Cheese Wrap</b> - (Turkey, sliced cheese & WG wrap), fresh mixed berries, broccoli w/ ranch, mustard, mayo & Milk	<b>Lunch: Chicken Caesar Salad</b> - (Grilled chicken, shredded parmesan cheese, romaine lettuce & Caesar dressing), fresh fruit medley, WG Dinner roll & Milk	<b>Lunch: Italian Sub</b> - (Turkey salami, turkey ham & sliced swiss cheese), fresh orange, baby carrots, WG sub bun, Italian dressing & Milk
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>Lunch: Snack Pack</b> - Yogurt, string cheese, fresh apple, celery sticks w/ ranch, WG crackers & Milk	<b>Lunch: Bagel Sandwich</b> - Turkey ham, swiss cheese, watermelon, cucumber & tomato salad, WG bagel, mustard, mayo & Milk	<b>Lunch: Grilled Chicken Pasta Salad</b> - (Grilled chicken, shredded mozzarella, broccoli, peppers, carrots & WG pasta), fresh pineapple & milk	<b>Lunch: Turkey &amp; Cheese Sub</b> - (Turkey & American cheese on WG sub bun), fresh fruit medley, potato salad, mustard, mayo & milk	<b>Lunch: Southwest Salad</b> - (Ground turkey w/ cheddar cheese, romaine lettuce & black beans), fresh orange, WG corn chips, salsa & milk
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
<b>Lunch: Italian Snack Pack</b> - (Turkey salami, shredded mozzarella, WG English muffin & marinara sauce), fresh apple, diced peppers & black olives & milk.	<b>Lunch: Sun butter &amp; Jelly</b> - (Sun butter & jelly sandwich on wheat bread), cheese stick, fresh cantaloupe, baby carrots, ranch & milk	<b>Lunch: Build your own Nachos</b> - (Black beans, shredded cheddar, corn salsa & WG corn chips), fresh mixed berries, salsa & milk	<b>Lunch: Greek Chicken Pita</b> - (Grilled chicken, shredded mozzarella & WG pita), fresh fruit medley, chickpea salad, Italian dressing & milk	<b>Lunch: Turkey &amp; Cheese Wrap</b> - (Turkey, sliced cheese & WG wrap), fresh orange, broccoli w/ ranch, mustard, mayo & Milk
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
<b>Lunch: Chicken Caesar Salad</b> - (Grilled chicken, shredded parmesan cheese, romaine lettuce & Caesar dressing), fresh apple, WG Dinner roll & Milk	<b>Lunch: Italian Sub</b> - (Turkey salami, turkey ham & sliced swiss cheese), fresh honeydew, baby carrots, WG sub bun, Italian dressing & Milk	<b>Lunch: Snack Pack</b> - Yogurt, string cheese, fresh watermelon, celery sticks w/ ranch, WG crackers & Milk	<b>Lunch: Bagel Sandwich</b> - Turkey ham, swiss cheese, fresh fruit medley, cucumber & tomato salad, WG bagel, mustard, mayo & Milk	<b>Lunch: Grilled Chicken Pasta Salad</b> - (Grilled chicken, shredded mozzarella, broccoli, peppers, carrots & WG pasta), fresh orange & milk
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	
<b>Lunch: Turkey &amp; Cheese Sub</b> - (Turkey & American cheese on WG sub bun), fresh apple, potato salad, mustard, mayo & milk	<b>Lunch: Southwest Salad</b> - (Ground turkey w/ cheddar cheese, romaine lettuce & black beans), fresh pineapple, WG corn chips, salsa & milk	<b>Lunch: Italian Snack Pack</b> - (Turkey salami, shredded mozzarella, WG English muffin & marinara sauce), fresh strawberries, diced peppers & black olives & milk.	<b>Lunch: Sun butter &amp; Jelly</b> - (Sun butter & jelly sandwich on wheat bread), cheese stick, fresh fruit medley, baby carrots, ranch & milk	

This institution is an equal opportunity provider.