WCS INTERSESSION MENU* APR 17

A Nourished Student is a Learning Student!



USDA is an equal opportunity provider and Employer.

Mon

Creole Chicken Whole Wheat Dinner Rolls Seasoned Green Beans Strawberry Cup

10

Orange Chicken served with Vegetable fried rice Seasoned Broccoli Strawberry Cup

17

Meatloaf w/ Brown Gravy Whole Grain Roll Scooby Snacks Peas & Carrots Diced Pears

> Strawberry Delight 4oz Yogurt Apple Juice Mixed Fruit Cup Milk

Tue

Fruited Jello

Pasta & Meat Sauce Whole Grain Dinner Roll Seasoned Broccoli

11 FIELD TRIP BOX LUNCH

Soybutter & Jelly Sandwich Whole Grain Gingerbread Cookie Cheese Stick Carrot Sticks

Celery Sticks with Ranch Dressing Apple Juice

18

Popcorn Chicken w/ Mashed Sweet Potatoes Steamed Broccoli Whole Grain Gingerbread Cookie Spiced Apples

Wed

Chicken Nuggets with BBQ Sauce Goldfish Grahams Vegetarian Baked Bean Carrots and Corn Fresh Apple

12 BREAKFAST FOR LUNCH

Whole Grain Mini Maple Pancakes Turkey Sausage **Hash Brown Patties** Carrot Sticks with Ranch Dressng Grape Juice

Thu

13

6 FIELD TRIP BOX LUNCH

Soybutter & Jelly Sandwich

Whole Grain Gingerbread Cookie Cheese Stick Carrot Sticks Celery Sticks with Ranch Dressing

Apple Juice

No School

Fri

Lasagna Cheese Roll Up with Marinara Sauce Goldfish Grahams Seasoned Peas Spiced Apples

Sat

14

No School

WCS NUTRITION SERVICES IS LOOKING FOR A FEW GOOD EMPLOYEES TO FULFILL OUR NEED FOR SUBSTITUECAFEETERIA HELPERS. APPLY ONLINE TODAY! Call

> Caroline Dylewski at 586.698.4158 to express your interest in employment.

French Toast Crunch Bar Applesauce Cup Grape Juice Milk

Bagel with Lite Cream Cheese Mandarin Orange Cup Apple Juice Milk

Chocolate Frosted Mini Wheat Cereal Mozzarella Cheese Stick Grape Juice **Applesauce** Milk

Apple Cinnamon Benefit Bar Diced Peach Cup Apple Juice Milk