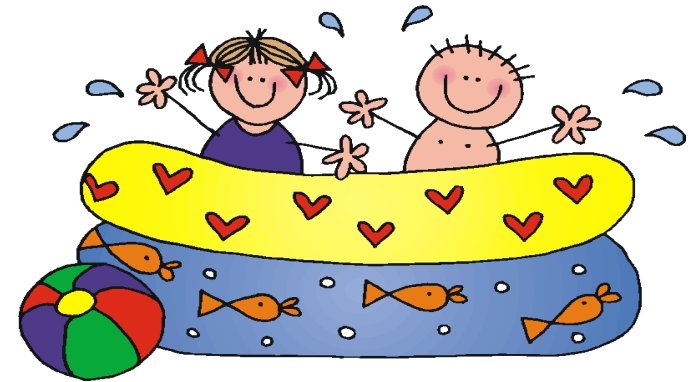


HEAD START * JUNE 19

A Nourished Student is a Learning Student!



This institution is an Equal Opportunity Provider.

Sun	Mon	Tue	Wed	Thu	Fri	Sa
	<p>3</p> <p>Whole Grain Cheese Lasagna Roll-up</p> <p>1/4 Marinara Sauce</p> <p>1/4 cup Seasoned Corn</p> <p>1/4 Cup Mixed Fruit</p>	<p>4 Breakfast for Lunch</p> <p>Whole Grain Mini Maple Pancakes</p> <p>2 Turkey Sausage Links</p> <p>Bag of Apple Slices</p> <p>1/4 Cup Cherry Tomatoes</p>	<p>5</p> <p>3 Whole Grain Breaded Chicken Tenders</p> <p>1/4 Cup Broccoli Buds</p> <p>1/4 Cup Orange Smiles</p>	<p>6 Bagel Fun Day</p> <p>Whole Grain Bagel</p> <p>Light Cream Cheese</p> <p>Strawberry Yogurt</p> <p>Low Fat Mozzarella Cheese Stick</p> <p>1/4 cup Marinated Chickpeas</p> <p>1/4 cup Peaches</p>	<p>7</p> <p>Last Day for Half Day Head Start</p> <p>Whole Grain Soybutter & Jelly Sandwich</p> <p>Mozzarella Cheese Stick</p> <p>Bag of Baby Carrots w/ Ranch Packet</p> <p>1 Fresh Banana</p>	
	<p>10</p> <p>Whole Grain Breaded Chicken Patty Sandwich on a Whole Wheat Bun</p> <p>Low Fat Ranch Dressing</p> <p>1/4 Cup Oven Roasted Broccoli</p> <p>1/4 Cup Diced Pears</p>	<p>11 Taco Day</p> <p>2.5 oz Reduced Fat Beef Taco Meat</p> <p>1/8 Cup Shredded Lettuce</p> <p>1/8 Cup Shredded Cheese</p> <p>1 Ultra Grain Tortilla</p> <p>1/4 Cup Refried Beans</p> <p>Bag of Apple Slices</p>	<p>12</p> <p>Whole Grain Galaxy Personal Cheese Pizza</p> <p>1/4 cup Seasoned Green Beans</p> <p>1/4 Cup Orange Smiles</p>	<p>13</p> <p>Last Day for Full Day Head Start</p> <p>Whole Grain Soybutter & Jelly Sandwich</p> <p>Mozzarella Cheese Stick</p> <p>Bag of Baby Carrots w/ Ranch Packet</p> <p>1 Fresh Banana</p>	<div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>1% white milk included with lunch.</p> </div>	

